

FRONTLINE

CHANGING LIVES

FRONTLINE SOCIAL WORK COFFEE BREAKS

SHiFT exists to enable children and young people to break free from the destructive cycle of crime through the support of a skilled practitioner with time to do whatever it takes to enable sustained change

A new way to support young people

Reduce the financial and societal impact of youth offending and associated behaviours

Create a basis for system change



SHiFT has strong foundations, supporting the likelihood of its success

- A founder/trustee team with successful track records in social change
- Based on the evaluated work at Pause and the Breaking Cycles model
- Leadership team with significant experience of scaling new organisations/models
- Already well funded



Rebecca Cramer



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Josh MacAlister



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Reach Academy
Feltham

pause

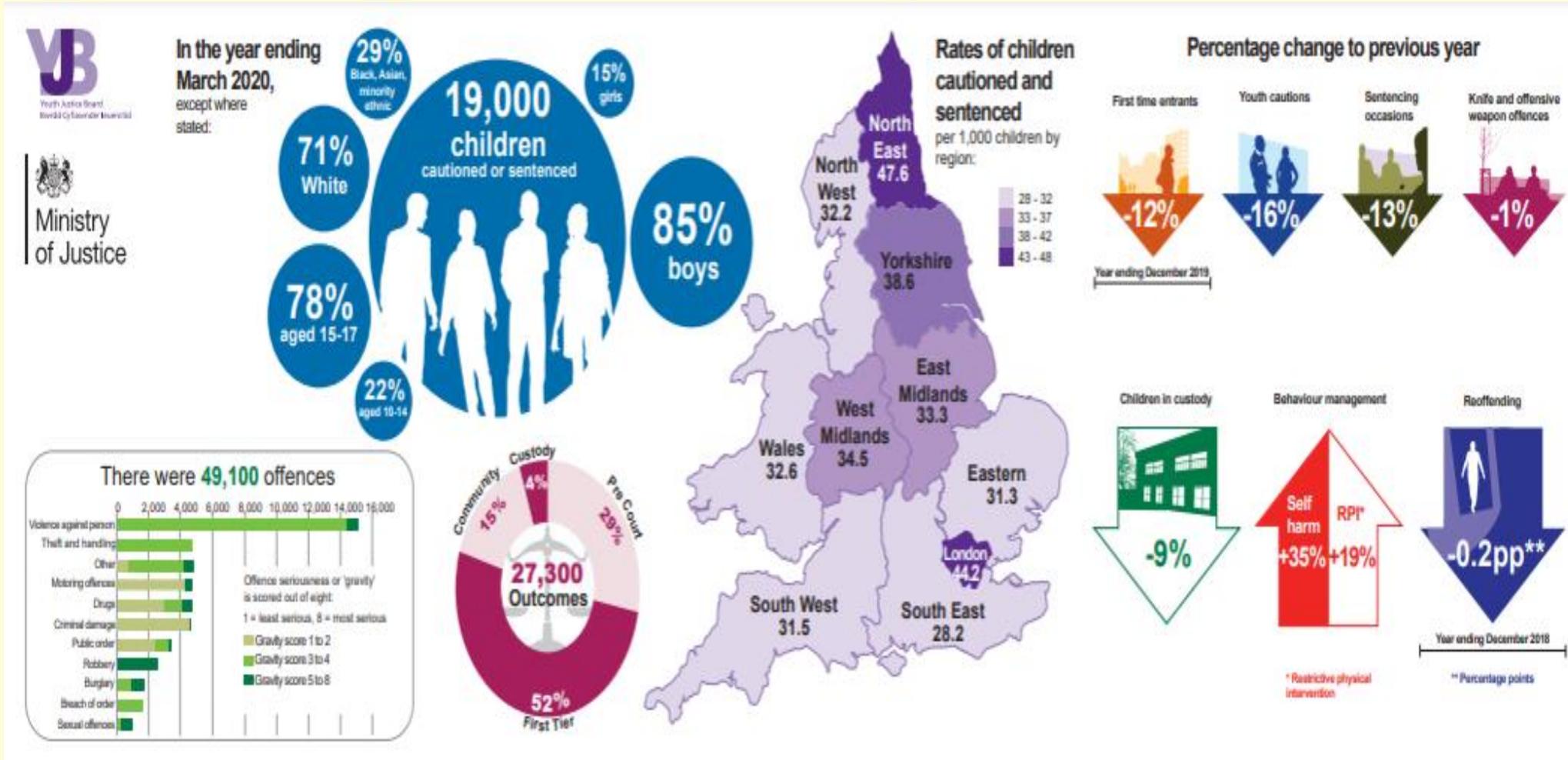
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Ark

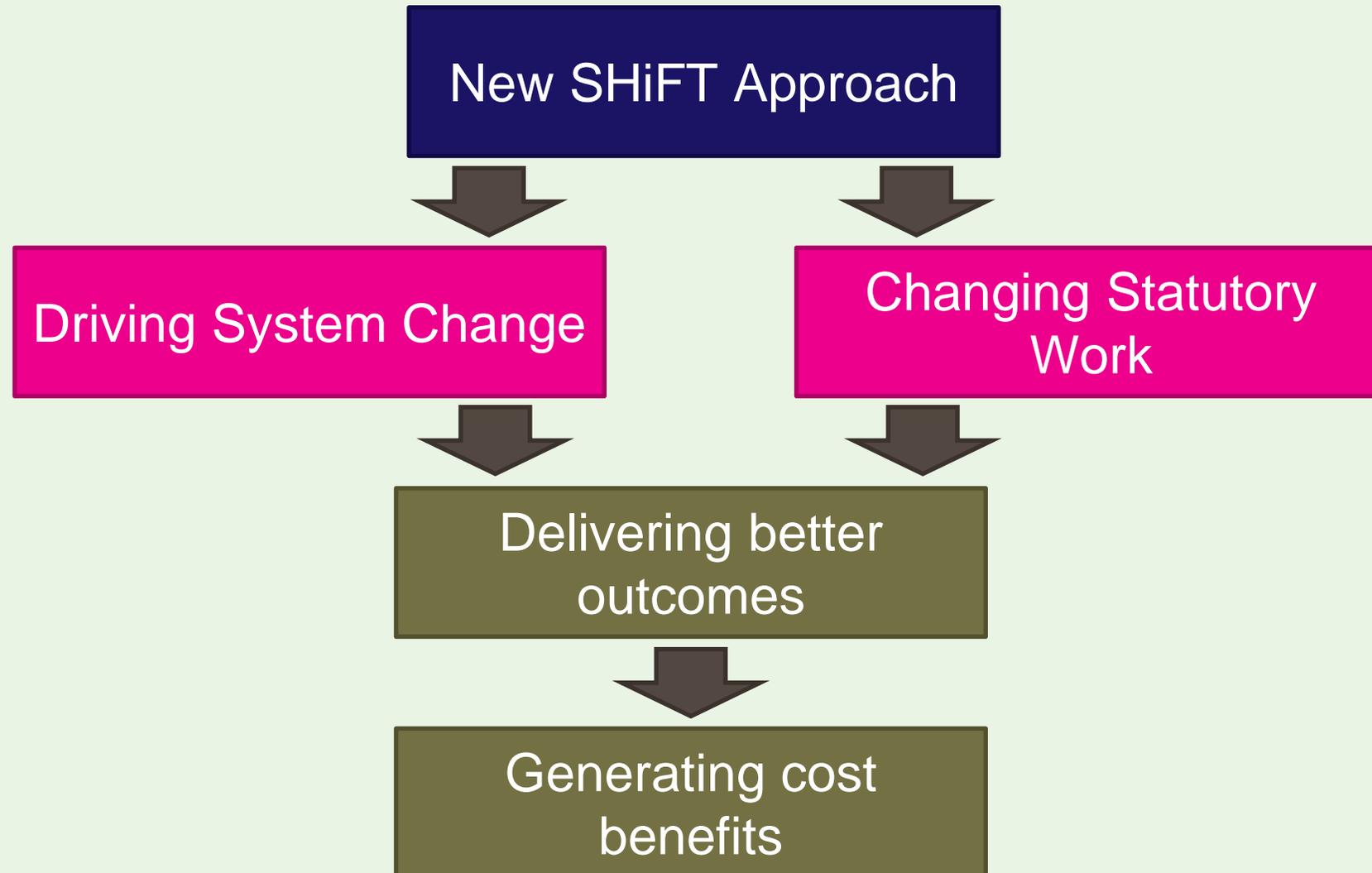
SHiFT co-founders



Despite progress, there is still significant potential to shift the YJS to a place where it provides better support to young people



SHiFT has developed an approach that will change the system, bringing better outcomes for children and lower costs for society



SHiFT is working with the most vulnerable and marginalised children, those most caught in, and at risk from, the destructive cycle of criminality

Path to vulnerability and criminality

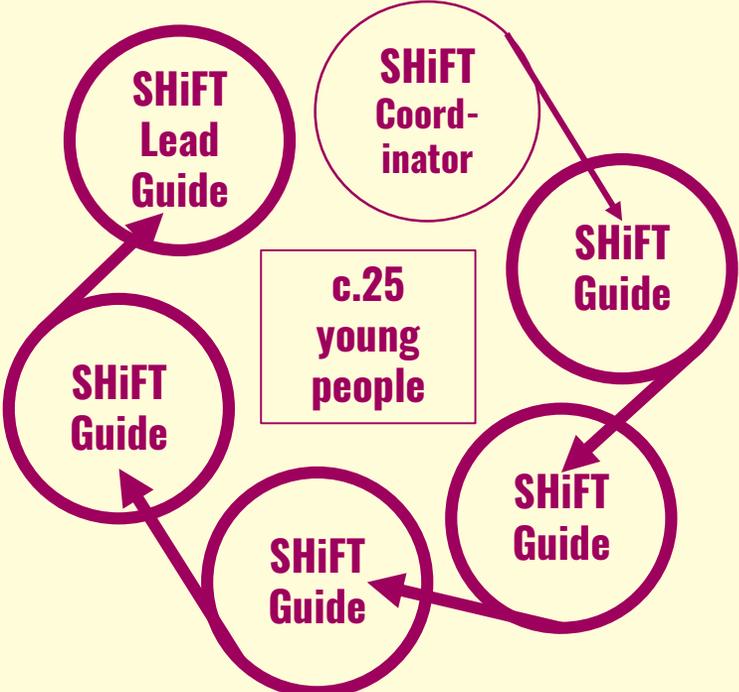


Profile of 20 children on SHiFT's first programme

- 90% involved in antisocial behaviour
- 75% have been victims of crime
- 85 total arrests in last 18 months
- All but one excluded from school
- 68% currently NEET
- 50% have mental health issues, 27% SEND
- 90% have substance misuse issues

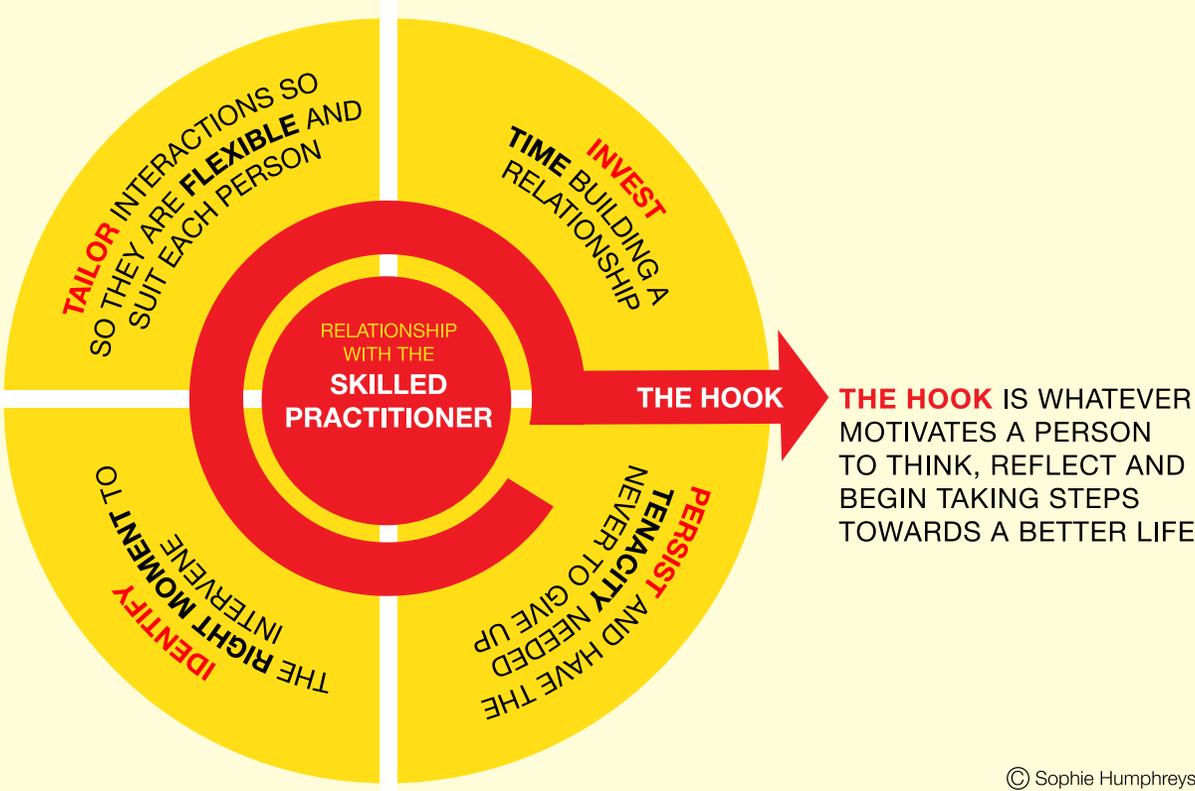
Five SHiFT Guides work with just 4-5 young people each, over an 18 month period – this intensity and longevity drives the SHiFT and breaks the cycle

SHiFT Team Overview



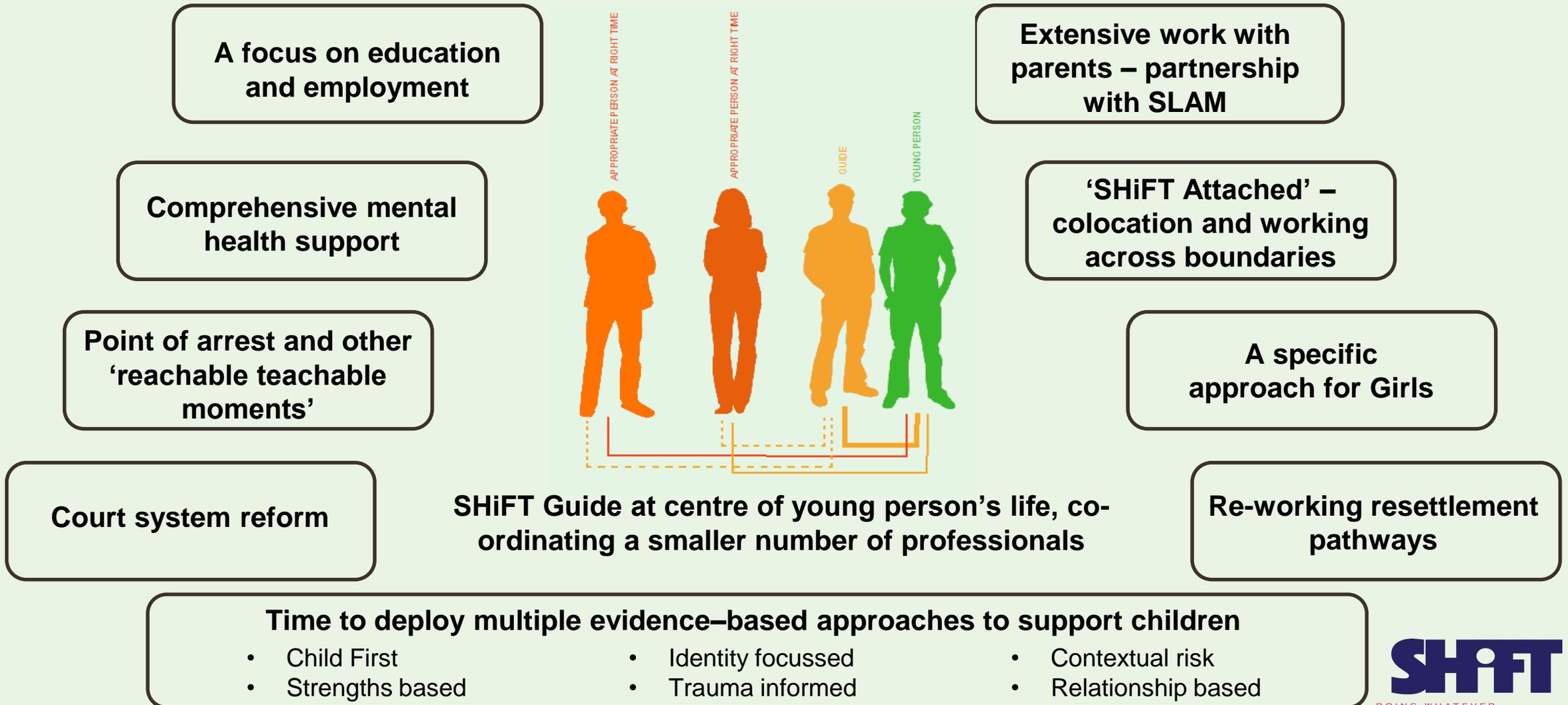
- A multi-disciplinary team of practitioners, highly experienced in working with children
- Team employed by, and working **inside**, the local authority
- Supported by SHiFT from **outside**: pilot funding, model, recruitment, best practice sharing, training and evaluation

Breaking Cycles: 'The Core Ingredients'



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SHiFT will focus attention on a number of carefully selected areas to achieve system change...



Over time, SHiFT teams will take on increasing amounts of the statutory work associated with the children in the programme

- There is an opportunity for SHiFT to take on elements of the statutory work, both within youth offending and social care services
- This may include the case work functions (working directly with the child) and some case management functions (administration, risk support and case coordination)
- Through sustained and trusting relationships with children and families, SHiFT will be able to complete elements of statutory work and over time seek to support system change regarding how statutory work is discharged
- SHiFT can also be an alternative to statutory adolescent social care in some cases

SHiFT will significantly improve outcomes for individual children and their families, and in the system for all children – these outcomes are being externally evaluated

Improved outcomes for children and families

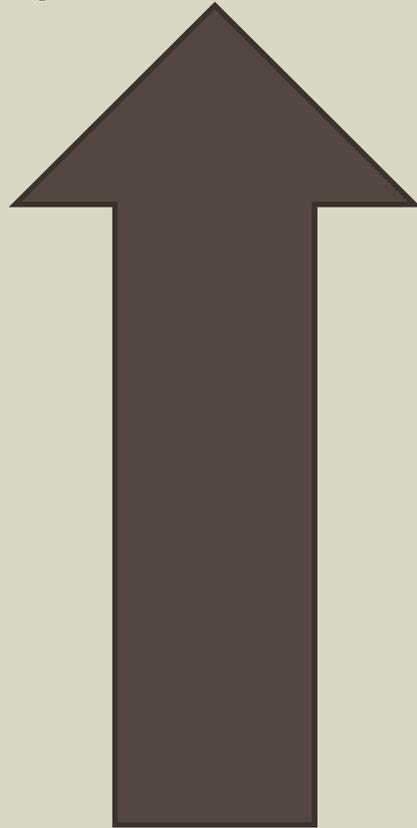
1. SHiFT children's self-esteem improves – Rosenberg Self-Esteem Scale
2. SHiFT children display higher levels of self-efficacy – General Self Efficacy Scale
3. SHiFT children's mental health improves – Warwick Edinburgh Scale
4. SHiFT children's engagement in education/employment improves
5. The rate and seriousness of reoffending by SHiFT children decreases

Improved outcomes in the system

1. SHiFT reduces offending and re-offending
2. SHiFT supported to reduce numbers of children entering care or custody at a late stage
3. SHiFT supports system change with regard to improving outcomes for adolescents

Early analysis suggests that the cost benefits that will accrue following a successful SHiFT programme are significant

**A MINIMUM of £110k
(over 18 months)**



**Average cost of a child over the
18 months before they started on
the SHiFT programme**

£22k



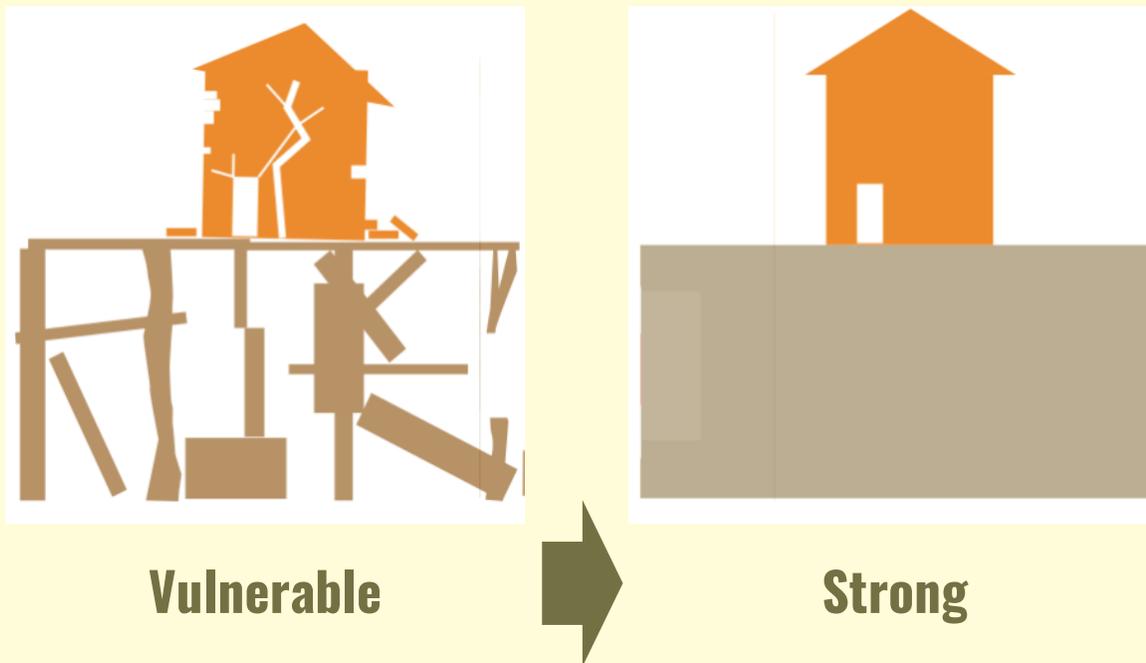
**Cost for one child
of 18 month SHiFT
programme**

- Early estimates show children going onto the SHiFT programme have generated 5x the cost of a SHiFT programme place in the 18 months prior
- Analysis focussed on care costs (the majority of the total cost), education costs, justice costs
- This is almost certainly an underestimate as many other costs were not included and no account was made of the ongoing costs after the 18 months analysed

SHiFT, working in partnership with local and central agencies, will demonstrate a new way to support vulnerable children caught up in the destructive cycle of crime

Enabling children to build solid foundations....

... and improving the system for all



- The intensity and longevity to enable real change in the most vulnerable & marginalised children who need it most
- Innovative but practical changes delivering significantly better outcomes for children and cost benefits for society
- Local authorities own the SHiFT Team & programme, working in partnership with other agencies - leading to a sustainable long-term solution

SHIFT

DOING WHATEVER
IT TAKES

We welcome your suggestions and input as to how we can improve our approach and how we could work together

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